



Rotary Club of Bombay West

THE FLYING CARPET

CLUB BULLETIN

IN SERVICE
OF HUMANITY...
SINCE 1954

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Anokha Ek Dil... AED

Namaste,

The only damage that could happen to the symmetrical 'heart' (one of the suits from the deck of playing cards) I drew freehand with chalk on black board, when asked by my biology teacher, Rtn Srilata Shubhashish Bhattacharya, in ninth standard in Jamnabai Narsee School, is it could break (cracked line across the 'heart') or have an arrow pierce it (like 'in-love'). But with the actual four chambered human heart, ...its more complicated.

Heard a friend's younger brother got a heart attack... heart attack!... Heart Attack!!! and he's just 32 years old. With the advances in medical sciences, I presumed having heart attacks would be a thing of the past. On the contrary, the patients, or rather the victims, are getting younger and are leading physically fitter lifestyles. What is happening to our Anokha Ek Dil...!?!

So I invited Rtn Dr Akshay Mehta, a cardiologist, to enlighten us. He must be a cricket lover, a Bishen Singh Bedi fan, as he bowled a doosra regarding heart attacks... a Heart Attack is different from a Cardiac Arrest. Luckily no one in the packed hall in Rotary Service Centre got a heart attack hearing this revelation. He informed that a heart attack (myocardial infarction) and cardiac arrest are distinct medical emergencies, although they can be related. A heart attack involves a blockage in a coronary artery, preventing oxygen-rich blood from reaching the heart muscle, leading to damage. Cardiac arrest, on the other hand, is a sudden irregularity/cessation of the heart's electrical activity, causing it to stop beating and preventing blood circulation. We also learned that Cardiac Arrest victim needed immediate help and lives could be saved by even by a non-doctor by giving CPR and using an AED machine.

An automated external defibrillator (AED) is a portable electronic device that automatically diagnoses the life-threatening cardiac



A message
from President
**RAHUL
GOENKA**

arrhythmias of ventricular fibrillation (VF) and pulseless ventricular tachycardia, and is able to treat them through defibrillation, the application of electricity which stops the arrhythmia, allowing the heart to re-establish an effective rhythm. Our PDG Rtn Sajjan Goenka donated an AED some time back and its installed on the ground floor, opposite the entrance, inside the Rotary Service Centre (RSC). Our heartfelt gratitude to him. Many did not realise its value at Rupees One Lakh. We got a doctor to visit our club and give a demonstration on CRP and using of the AED. Opinions changed. I felt that unless someone visited RSC atleast occasionally, in an emergency they wouldn't know that there is an AED in RSC. So now we have an AED signboard put up outside the main gate of RSC for every passerby

to be aware of it. A small initiative in service of our immediate community.

Many Rotarians have donated, including members like PP Rtn Dr Tushar Shah and Rtn Apurva Nanavati from our Rotary Club of Bombay West, to install AED machines across all railway stations in Mumbai city. Our humble gratitude to them all.

An AED machine is like a medical insurance policy, for as my father used to say – better to have one and never use it than to not have one and suddenly need it. May our four chambered organ be strong and be filled with energy, life, joy and compassion.

In Service to Community and Club

Possessor of Anokha Ek Dil

Rahul Murari Goenka

Speaker Meeting on 30th April, 2025

Guest Speaker - Shri Tamal Bandyopadhyay

Behind the Headlines: Decoding India's Financial Sector Today



Mr. Tamal Bandyopadhyay, Consulting Editor, Business Standard, who is a renowned Journalist and a Best selling Author, delivered an insightful lecture on 'Behind the Headlines: Decoding India's Financial Sector Today.' He shared his expertise and perspectives on the current trends and challenges in India's financial sector, providing valuable insights to the audience. The session was engaging and thought-provoking, offering a deeper understanding of the sector's complexities. The lecture was well-received, and attendees benefited from Mr. Bandyopadhyay's extensive knowledge and experience.



Distribution of Shoes and Accessories

Another lot of 4,721 pairs of Footwear + accessories were distributed in the rural zilla parishad schools of Dahanu. Thank you PP Rajendra Ruia for organising this excellent initiative ☑ The children and villagers were extremely happy. Most of these school going children are barefoot walking a few kilometres to the school.



Zilla Parishad School Shankarpada.



Secondary school, Kosbad Hill



Zilla Parishad School Saravali Hilimpada



Zilla Parishad School Sogave Varthapada



Zilla Parishad School Dalvipada



Farm labourers, Kosbad

The roots of Rotary's polio eradication efforts

On 29th September 1979, volunteers administered drops of oral polio vaccine to children at a health center in Guadalupe Viejo, Makati, Philippines. The event in metropolitan Manila was arranged and attended by Rotarians and delegates from the Philippine Ministry of Health.

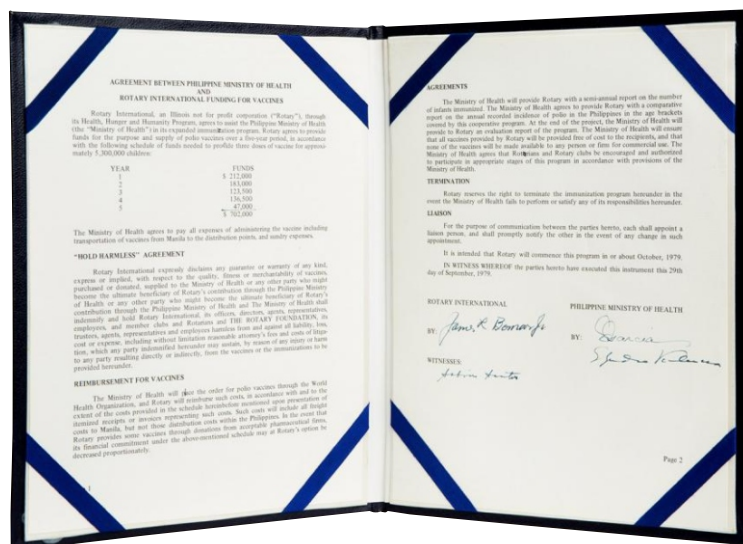
When James L. Bomar Jr., then RI president, put the first drops of vaccine into a child's mouth, he ceremonially launched the Philippine poliomyelitis immunization effort. Rotary's first Health, Hunger and Humanity (3-H) Grant project was underway.

Bomar and Enrique M. Garcia, the country's minister of health, had earlier signed an agreement committing Rotary International and the government of the Philippines to a joint multiyear effort to immunize about 6 million children against polio, at a cost of about \$760,000.

In a 1993 interview, Bomar reminisced about the trip. He recalled how the brother of one of the children he had immunized tugged on his pant leg to get his attention and said, "Thank you, thank you, Rotary."



The project's success led Rotary to make polio eradication a top priority. Rotary launched PolioPlus in 1985 and was a founding member of the Global Polio Eradication Initiative in 1988. Through decades of commitment and work by Rotary and our partners, more than 2.5 billion children have received the oral polio vaccine.



The 1979 agreement between Rotary International and the Philippine Ministry of Health for a joint multi-year effort to immunize children against polio.



Representatives from Rotary International and the government of the Philippines sign the agreement that starts Rotary International's first polio project.

<https://www.rotary.org/en/history-rotary-polio-eradication-efforts>

BIRTHDAY AND ANNIVERSARY GREETINGS

Rotarian Birthdays

04 May : Rtn. Rakesh Saraf

06 May : Rtn. Ramesh Damani

R/Ann. Birthdays

01 May : R/Ann Anita Anand Gupta

Anniversaries

04-May : Rtn. Rahul & Anuja Goenka

07-May : Rtn. Sandeep & Prakruti Vasani

07-May : Rtn. Dr. Srilata & Shubhashis Bhattacharya

